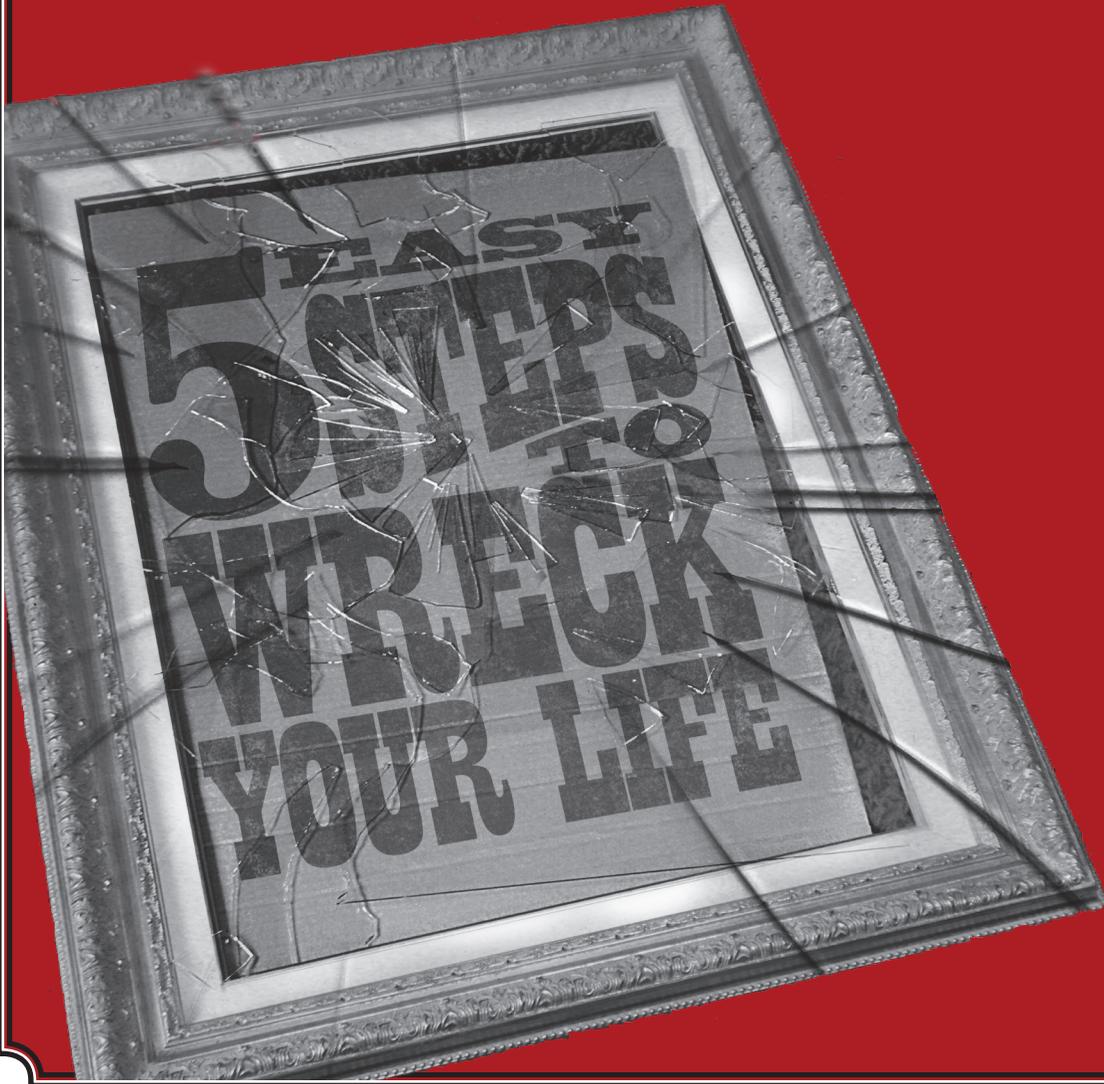


Weekend of January 19, 2013

## How To Become An Addict

“Fill up your life with drugs and booze.  
Keep coming back when they call you,  
And in the end you’ll lose all that matters to you.  
Five easy steps to make an addict of you.”



# 5 Easy Steps To Wreck Your Life

HOW TO BECOME AN ADDICT - Weekend of Jan. 19, 2013

*“Everything is permissible for me”-but not everything is beneficial. “Everything is permissible for me”-but I will not be mastered by anything.*

1 Corinthians 6:12

## WHAT HAS MASTERED YOU?

**We're seeking to find what only God can provide  
in something besides God himself.**

## FIVE EASY STEPS TO BECOME AN ADDICT

### 1. DON'T ADMIT YOU HAVE A PROBLEM.

*Only acknowledge your guilt. Admit that you rebelled against the Lord your God and committed adultery against him by worshiping idols...*

Jeremiah 3:13 NLT

### 2. GRATIFY YOUR URGES.

*So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.*

Galatians 5:16-18

### 3. RATIONALIZE YOUR BEHAVIOR AND MAKE EXCUSES.

*“But they all alike began to make excuses. The first said, ‘I have just bought a field, and I must go and see it. Please excuse me.’ Another said, ‘I have just bought five yoke of oxen, and I’m on my way to try them out. Please excuse me.’ Still another said, ‘I just got married, so I can’t come.’*

Luke 14:18-20

### 4. KEEP YOUR ADDICTION A SECRET

*He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.*

Proverbs 28:13

### 5. DEPEND ON YOUR OWN POWER.

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”*

2 Corinthians 10:3-5

*It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery..*

Galatians 5:1

## FINDING HOPE AND FREEDOM

### 1. DEPEND ON GOD

*“We are human, but we don’t wage war as humans do. We use God’s mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. 5 We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.”*

2 Corinthians 10:3-5 NLT

### 2. CONFESSION

*“But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.”*

1 John 1:9 NLT

## NOTES:

## PERSONAL REFLECTION

1. *What has mastered you?*
2. *For many addictions, we’re seeking what only God can provide in something besides God Himself. What do you think your addiction is providing that God wants to provide?*
3. *What is your next step to overcome a false master? Be specific. Pray for each other.*

**SMALL GROUP QUESTIONS** are available by clicking the **“Current Message Series Resources”** button at **[www.onthejourney.ca](http://www.onthejourney.ca)**.

## January Message Series

### 5 Easy Steps to Wreck Your Life

Weekend of Jan. 5

How to commit adultery.

Weekend of Jan. 12

How to drift from God.

Weekend of Jan. 19

How to become an addict.

Weekend of Jan. 26

How to be dissatisfied.