

Welcome to The Journey Church

Weekend of May 3

Growing DEEP ROOTS

Our goal at The Journey Church is to love God and to love others. However, unless we have certain patterns that we build into our lives so we can grow in a singular direction, we cannot grow in that goal.

This message series will help us discover a “rule of life” that will support and guide our growth, just as a trellis supports and guides the growth of the vine in order that

the grapes will not rot. This rule of life, rather than being harsh or confining, serves as a pattern for life that will enable us to experience the presence of Jesus in each moment of our lives, empowering us to become people who embody His love to others.

Do you have a smart device? Download the YouVersion Bible App and you can follow along with our outline on your phone or tablet.

(search a LIVE event for The Journey Church - there are lots of extras that you won't find on our paper copy!)

YouVersion
The Bible App™

Message Outline

Faith only grows with deep roots.

1. Create Space for Sabbath

Cease what is necessary and embrace what gives life.
— Buchanan

- What is your Daily Rhythm
- What is your Weekly Rhythm
- What is your Seasonal Rhythm

2. Make Room for Prayer

Schedule time to talk to God

- What distracts you?
- How was your day?
- Where is the Spirit of God leading?

3. Add Sacred Reading

Meditate on God's Word and read spiritual books.

- What passages do you need to memorize?
- How is God speaking to you as you read?
- What does God want me to learn more about?

“Let your roots grow down into Him, and let your lives be built on Him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.”

Colossians 2:7 NLT

Study Questions

1. “Why is it difficult for many of us to take a weekly Sabbath?”
2. How is the Sabbath commandment an expression of God’s love for us? How is keeping the Sabbath a subversive, counter-cultural act?
3. “How does honoring the Sabbath help us grow in our trust of God?”
4. “In what ways is growing your prayer life like deepening a friendship?”
5. Is there a pattern of prayer that resonates with you? What are the gifts and potential pitfalls with using patterns for prayer?
6. How might silence play a role in your prayer life?” Part of the Daily Office is ‘stopping’ at key points in the day to pray. Why do you think stopping in the day is so hard? What benefit could it bring?
7. What do you think about the prayer of Examen?
8. “A. W. Tozer writes that the ultimate goal of Scripture is a personal encounter with the living God. Do you agree? Has this been your experience?”
9. Is there a passage of Scripture that might be fruitful for you to memorize? Is there an optimal time when you might be able to commit this text to memory?
10. Is there a Scripture that you are currently being called to live into?”



Visit our website at onthejourney.ca

That's where you'll find information about everything happening at The Journey Church, including an upcoming movie night, events for the Next Generation, recreational events for youth and adults, and more. You'll also be able to link to our YouTube channel; facebook & twitter pages and podcasts.