

Welcome to The Journey Church

Weekend of April 26

What's NEXT?

Our goal at The Journey Church is to love God and to love others. However, unless we have certain patterns that we build into our lives so we can grow in a singular direction, we cannot grow in that goal.

This message series will help us discover a “rule of life” that will support and guide our growth, just as a trellis supports and guides the growth of the vine in order that the grapes will not rot. This rule of life, rather than being harsh or confining, serves as a pattern for life that will enable us to experience the presence of Jesus in each moment of our lives, empowering us to become people who embody His love to others.

Do you have a smart device? Download the YouVersion Bible App and you can follow along with our outline on your phone or tablet.

(search a LIVE event for The Journey Church - there are lots of extras that you won't find on our paper copy!)

YouVersion
The Bible App™

Message Outline

1. Who Am I Becoming?

We live in a world of pressures that pull us away from God, yet we have a yearning to center our lives on Christ and to love like he did. How are you doing?

“And this is His commandment: We must believe in the name of his Son, Jesus Christ, and love one another, just as He commanded us.”

1 John 3:23 NLT

2. What's My Plan?

Every moment in life is an opportunity to move closer to Christ, yet often we fail to recognize them. What are your habits and patterns at work, at home, play, family life (etc.) that enable us to welcome and respond to Jesus?

3. Where Do I Start?

It is not about trying it is about training. So as we establish new rhythms in our lives we need to remember: 1) small steps matter; 2) stay flexible; 3) seize the moment.



Study Questions

1. If every person lives by a conscious or unconscious rule or set of practices, how would you describe your current rule?
2. When you think about the story of Daniel and how he remained faithful to God in Babylon, what impresses you about his “rhythm of practices”? Is there someone whose ‘rule’ or “rhythm of practices” you admire? Why? How can they help you?
3. Considering the trellis illustration used in the message, is there a part of your spiritual practices that would be especially fruitful for you to focus on now? What attainable goal could you set?
4. As you build your own rhythm of spiritual practices, which of the three guidelines (small steps, flexibility, seize the moment) do you find most helpful or important for you?
5. When you think of an athlete or musician, how far do you think natural talent gets them? What kind of ‘training’ or exercises would be helpful for you to become more spiritually fit (i.e., to increase your capacity to love God and neighbour)?
6. Do you sense it would be helpful for you to live out your spiritual practices with another person or in a small group? If you resist that idea, why do you think that is so?



Visit our website at onthejourney.ca

That's where you'll find information about everything happening at The Journey Church, including an upcoming congregational meeting, events for the Next Generation, recreational events for youth and adults, and more. You'll also be able to link to our YouTube channel; facebook & twitter pages and podcasts.