



Hey, families! Here's a look at what we're covering with your kids so you can help them continue to grow at home during the week.

#### **GROW AT HOME THIS WEEK**

### THIS WEEK

Watch this week's episode of JKTV to see how Calli and Carll are learning the Big Idea and Bible story. This week, kids hear about how **Jonah got swallowed up by a big fish** when he tried to run away from God.

- THE BIBLE: God loves me even when I feel ashamed.
- THE BIG IDEA: Jonah 1:17-2:10

### TALK ABOUT IT

Because sometimes you and your kid need a conversation-starter that isn't, "So . . . how was church?"

- What's something that might make you feel ashamed? You don't have to share this aloud if you don't want to.
- What can you tell someone who's feeling ashamed because of who they are or something they did?

### REMEMBER THIS

This month, your kids are memorizing the Bible verse

**Romans 15:13a (NIV),** you'll find a colouring sheet they can use to help them learn the verse. Practice it with the actions together! (watch this week's episode of JKTV for the ASL actions)..

## **OPTIONAL ACTIVITY**

Print off the activity sheet and invite your child to colour and cut it out. Cut the fish part-way and have Jonah "swallowed up" by it. Then ask your child to retell the story of Jonah and say the Big Idea!

# **NEXT WEEK**

Next week, kids will hear about Elijah and why he fled to Horeb.

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